I realised I could either continue in fear, allowing and living the façade of loving “playerhood” and ignore the pain I felt, or evolve and be the man I knew I was deep within: a good man. It was time to become the refined player.

Stevel Marc was once asked the question ‘how many women have you slept with’, which led him to a place of reflection and self-revelation. Stevel realised that we are moving in a new space and relationships are no longer simple. Based on his experiences with women, as well as the experiences of 800 men and women whom he interviewed, Stevel offers us a guide to date in our modern world.

*The Refined Player: Sex, Lies and Dates* not only helps men to understand their role in relationships, but it also inspires women to be empowered and to expect and demand better from their men. Stevel shows us that it is possible to have those difficult conversations about money, sex, honesty and trust. With Stevel’s help you can transition from singlehood into a meaningful relationship.

**ABOUT THE AUTHOR**

Stevel Marc is an international fashion model. He has acted in many television and cinema commercials, and is a voice-over artist for numerous brands, television programmes and advertisements. He studied film at the New York Film Academy. Stevel is an esteemed emcee, humanitarian and entrepreneur. *The Refined Player: Sex, Lies and Dates* is his first book.