How to grow your own mealies and beans

Dig a deep hole in a sunny place –
3 big steps wide and 2 big steps long.

Fill it with torn newspaper, egg shells, old teabags, dry leaves, vegetable peelings.

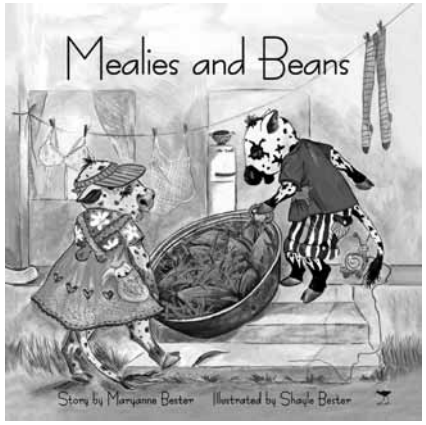
Cover it with soil. Make rows that are as wide as 3 of your hands.

Plant the seeds of mealies and beans in the rows.

Cover the soil with dry grass or leaves.
This will stop the soil from being dry.

Water the garden every 2 days.

Soon you will be able to eat the mealies and beans for supper.



Colour in the picture and fill up the tin bath with mealies and beans